

# LAW SERVICES AND RESOURCES



<p><b>Emergency Phone Number</b> ☎ 911</p>	<ul style="list-style-type: none"> <li>• Ambulance, fire department and police emergency services</li> </ul>
<p><b>Winnipeg Police Service</b> ☎ 204-986-6222 (<i>non-emergency</i>) 🌐 <a href="http://www.winnipeg.ca/police">www.winnipeg.ca/police</a></p>	<ul style="list-style-type: none"> <li>• Phone for non-emergency situations that require the police (no immediate danger)</li> <li>• Online information about crime prevention, reporting, services and personal safety</li> </ul>
<p><b>Downtown Watch</b> ☎ 204-958-SAFE (7233)</p>	<ul style="list-style-type: none"> <li>• Help people stay safe downtown</li> <li>• Call for a “SafeWalk” between 8:30 am and 11 pm to have someone walk with you for safety</li> </ul>
<p><b>Legal Help Centre</b> 202-393 Portage Avenue (Portage Place) ☎ 204- 258-3096 🌐 <a href="http://www.legalhelpcentre.ca">www.legalhelpcentre.ca</a></p>	<ul style="list-style-type: none"> <li>• Information and referrals when you think you have a legal problem</li> <li>• Answers, guidance and resources when you need legal help (drop in Tuesday and Friday afternoons to talk with law students)</li> </ul>
<p><b>Community Legal Education Association (CLEA)</b> 205– 414 Graham Avenue ☎ 204-943-2382 🌐 <a href="http://www.communitylegal.mb.ca">www.communitylegal.mb.ca</a></p>	<ul style="list-style-type: none"> <li>• Free law phone-in and Lawyer Referral Program (☎ 204-943-2305)</li> <li>• Information about laws and legal services</li> <li>• Empowering people to understand the law</li> </ul>
<p><b>Legal Aid</b> 287 Broadway ☎ 204-985-8500 🌐 <a href="http://www.legalaid.mb.ca">www.legalaid.mb.ca</a></p>	<ul style="list-style-type: none"> <li>• Free lawyers for people who are financially eligible (eligibility depends on total family income, for examples visit the website)</li> <li>• Help for people facing divorce, child custody, criminal charges and disputes involving social assistance, workers compensation or disability benefits</li> </ul>
<p><b>A Woman’s Place</b> 200-323 Portage Avenue ☎ 204-940-6624 🌐 <a href="http://www.norwestcoop.ca/mind-spirit/a-womans-place/">www.norwestcoop.ca/mind-spirit/a-womans-place/</a></p>	<ul style="list-style-type: none"> <li>• Legal services for women who are in or leaving abusive relationships</li> <li>• Free legal services with short waiting times (within a week)</li> <li>• Help to find housing, clothing, or furniture</li> </ul>
<p><b>New Journey Housing</b> 200-305 Broadway ☎ 204-942-2238 ✉ <a href="mailto:info@newjourneyhousing.com">info@newjourneyhousing.com</a> 🌐 <a href="http://www.newjourneyhousing.com">www.newjourneyhousing.com</a></p>	<ul style="list-style-type: none"> <li>• Housing resource centre for newcomers</li> <li>• Housing-related information, advice, support and workshops</li> <li>• Home ownership counseling and information about budgeting</li> </ul>
<p><b>Rent Assist Program</b> 🌐 <a href="http://www.gov.mb.ca/jec/eia/rentassist">www.gov.mb.ca/jec/eia/rentassist</a> *“Rent Assist Estimator” tool tells you if you are eligible</p>	<ul style="list-style-type: none"> <li>• A program to help low-income people to pay rent</li> <li>• Help depends on family income and cost of monthly rent</li> </ul>
<p><b>Residential Tenancies Branch</b> 302-254 Edmonton St ☎ 204-945-2476 ✉ <a href="mailto:rtb@gov.mb.ca">rtb@gov.mb.ca</a> 🌐 <a href="http://www.manitoba.ca/rtb">www.manitoba.ca/rtb</a></p>	<ul style="list-style-type: none"> <li>• Government office for information and advice about rental laws in Manitoba</li> <li>• Learn about your rights and responsibilities as a tenant</li> <li>• Investigates and mediates disagreements between landlords and tenants</li> </ul>
<p><b>Manitoba Public Insurance (MPI)</b> ☎ 204-985-7000 🌐 <a href="http://www.mpi.mb.ca">www.mpi.mb.ca</a> *8 locations in Winnipeg</p>	<ul style="list-style-type: none"> <li>• Information about driver licencing and car insurance (Autopac)</li> <li>• Online driving tips and quizzes</li> </ul>

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<p><b>Manitoba Human Rights Commission</b>                  700-175 Hargrave Street                  ☎ 204-945-3007                  ✉ hrc@gov.mb.ca                  🌐 www.manitobahumanrights.ca</p>	<ul style="list-style-type: none"> <li>• Helps enforce the <i>Human Rights Code</i> which protects people from discrimination against their age, ethnic background or disability</li> <li>• Helps people with human rights complaints</li> </ul>
<p><b>Employment Standards Branch</b>                  604 - 401 York Avenue                  ☎ 204-945-3352                  ✉ employmentstandards@gov.mb.ca                  🌐 www.gov.mb.ca/labour/standards/</p>	<ul style="list-style-type: none"> <li>• Helps employees learn about their rights and responsibilities in the workplace</li> <li>• Information about employment regulations (minimum wage, overtime, general holidays, vacation and ending employment)</li> <li>• Investigate complaints and make sure employers follow the law</li> </ul>
<p><b>Child and Family Services (CFS):                  Child and Family All Nations Coordinated Response Network (ANCR)</b>                  835 Portage Avenue                  ☎ 204-944-4200                  www.ancr.ca</p>	<ul style="list-style-type: none"> <li>• Ensures the safety and well-being of children</li> <li>• Help for families having problems with children (concerns, safety, or abuse)</li> <li>• Crisis unit responds to urgent child safety situations</li> <li>• The Early Intervention Program helps families stay together while ensuring well-being of children</li> <li>• Family Resource Centre (1008 Wall Street, ☎ 204-944-4268)</li> </ul>
<p><b>Family Dynamics</b>                  401-393 Portage Avenue (Portage Place)                  ☎ 204-947-1401                  ✉ info@familydynamics.ca                  🌐 www.familydynamics.ca</p>	<ul style="list-style-type: none"> <li>• Family supports and resource centres</li> <li>• Counselling and parenting help</li> <li>• Programs for refugee families</li> </ul>
<p><b>MOSAIC Newcomer Family Resource Network</b>                  397 Carlton Street                  ☎ 204-774-7311                  ✉ vcavers@mosaicnet.ca                  🌐 www.mosaicnet.ca  <b>*4 locations in Winnipeg</b></p>	<ul style="list-style-type: none"> <li>• “Nobody’s Perfect” Parent Groups and parenting programs</li> <li>• Family literacy reading with your kids</li> <li>• Help for newcomers to adjust to life in Canada so that they can become active members of their new community (child-minding available)</li> </ul>
<p><b>Parenting Websites:</b>                  🌐 www.beststart.org                  🌐 “Be The Best Parent You Can Be” link:                  www.cwlc.ca/en/projects/ppes                  🌐 www.welcomehere.ca                  🌐 www.parentsmatter.ca                  🌐 www.manitobaparentzone.ca                  🌐 www.manitobatriplep.ca/tips/</p>	<ul style="list-style-type: none"> <li>• Resources for parents</li> <li>• Tips for positive parenting</li> <li>• Some multi-lingual information</li> </ul>
<p><b>Immigration, Refugees, and Citizenship Canada</b>                  400 - 269 Main Street                  ☎ 1-888-242-2100</p>	<ul style="list-style-type: none"> <li>• Formerly Citizenship and Immigration Canada (CIC)</li> <li>• Questions about immigration application or documents</li> </ul>
<p><b>Immigration Websites:</b>                  🌐 www.cic.gc.ca                  🌐 www.immigratemanitoba.com</p>	<ul style="list-style-type: none"> <li>• Information about immigrating to Canada or Manitoba</li> </ul>
<p><b>If you move ...</b>                  🌐 www.manitobaaddresschange.ca/</p>	<ul style="list-style-type: none"> <li>• Save time when you need to change your address; choose which organizations you want to notify</li> </ul>