

LAW SERVICES AND RESOURCES



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| <p>Emergency Phone Number ☎ 911</p> | <ul style="list-style-type: none"> • Ambulance, fire department and police emergency services |
| <p>Winnipeg Police Service ☎ 204-986-6222 (<i>non-emergency</i>) 🌐 www.winnipeg.ca/police</p> | <ul style="list-style-type: none"> • Phone for non-emergency situations that require the police (no immediate danger) • Online information about crime prevention, reporting, services and personal safety |
| <p>Downtown Watch ☎ 204-958-SAFE (7233)</p> | <ul style="list-style-type: none"> • Help people stay safe downtown • Call for a “SafeWalk” between 8:30 am and 11 pm to have someone walk with you for safety |
| <p>Legal Help Centre 202-393 Portage Avenue (Portage Place) ☎ 204- 258-3096 🌐 www.legalhelpcentre.ca</p> | <ul style="list-style-type: none"> • Information and referrals when you think you have a legal problem • Answers, guidance and resources when you need legal help (drop in Tuesday and Friday between 1pm-4:30pm to talk with law students) |
| <p>Community Legal Education Association (CLEA) 301-441 Main Street ☎ 204-943-2382 🌐 www.communitylegal.mb.ca</p> | <ul style="list-style-type: none"> • Free law phone-in and Lawyer Referral Program (☎ 204-943-2305). Leave a message • Information about laws and legal services • Empowering people to understand the law |
| <p>Legal Aid 400-287 Broadway ☎ 204-985-8500 🌐 www.legalaid.mb.ca</p> | <ul style="list-style-type: none"> • Free lawyers for people who are financially eligible (eligibility depends on total family income, for examples visit the website) • Help for people facing divorce, child custody, criminal charges and disputes involving social assistance, workers compensation or disability benefits, refugee status issues, rental issues |
| <p>New Journey Housing 200-305 Broadway ☎ 204-942-2238 ✉ info@newjourneyhousing.com 🌐 www.newjourneyhousing.com</p> | <ul style="list-style-type: none"> • Housing-related information, advice, support, and workshops for newcomers • Assists with applying for Manitoba Housing and Rent Assist • Home ownership counseling and information about budgeting |
| <p>Rent Assist Program 🌐 www.gov.mb.ca/fs/eia/rent_assist.html *“Rent Assist Estimator” tool tells you if you are eligible</p> | <ul style="list-style-type: none"> • A program to help low-income people to pay rent • Help depends on family income and cost of monthly rent |
| <p>Residential Tenancies Branch 302-254 Edmonton St ☎ 204-945-2476 ✉ rtb@gov.mb.ca 🌐 www.gov.mb.ca/cca/rtb</p> | <ul style="list-style-type: none"> • Government office for information and advice about rental laws in Manitoba • Learn about your rights and responsibilities as a tenant • Investigates and mediates disagreements between landlords and tenants |
| <p>Employment Standards Branch 604 - 401 York Avenue ☎ 204-945-3352 ✉ employmentstandards@gov.mb.ca 🌐 www.gov.mb.ca/labour/standards/</p> | <ul style="list-style-type: none"> • Helps employees learn about their rights and responsibilities in the workplace • Information about employment regulations (minimum wage, overtime, general holidays, vacation and ending employment) • Investigate complaints and make sure employers follow the law |

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| <p>Manitoba Public Insurance (MPI) ☎ 204-985-7000 *7 locations in Winnipeg 🌐 www.mpi.mb.ca</p> | <ul style="list-style-type: none"> • Information about driver licencing and car insurance (Autopac) • Online driving tips and quizzes |
| <p>Manitoba Human Rights Commission 700-175 Hargrave Street ☎ 204-945-3007 ✉ hrc@gov.mb.ca 🌐 www.manitobahumanrights.ca</p> | <ul style="list-style-type: none"> • Helps enforce the <i>Human Rights Code</i> which protects people from discrimination against their age, ethnic background or disability • Helps people with human rights complaints • Contact Beatrice Watson ☎ 204-945-7653 |
| <p>A Woman's Place 200-323 Portage Avenue ☎ 204-940-6624 🌐 www.norwestcoop.ca/mind-spirit/a-womans-place/</p> | <ul style="list-style-type: none"> • Legal services for women who are in or leaving abusive relationships • Free legal services with short waiting times (within a week) • Help to find housing, clothing, or furniture |
| <p>Child and Family Services (CFS): Child and Family All Nations Coordinated Response Network (ANCR) 835 Portage Avenue ☎ 204-944-4200 www.ancr.ca</p> | <ul style="list-style-type: none"> • Ensures the safety and well-being of children • Help for families having problems with children (concerns, safety, or abuse) • Crisis unit responds to urgent child safety situations • The Early Intervention Program helps families stay together while ensuring well-being of children • Family Resource Centre (1008 Wall Street, ☎ 204-944-4268) |
| <p>Family Dynamics 401-393 Portage Avenue (Portage Place) ☎ 204-947-1401 ✉ info@familydynamics.ca 🌐 www.familydynamics.ca</p> | <ul style="list-style-type: none"> • Family supports and resource centres • Counselling and parenting help • Programs for refugee families |
| <p>MOSAIC Newcomer Family Resource Network 397 Carlton Street ☎ 204-774-7311 ✉ mosaicinfo@mosaicnet.ca 🌐 www.mosaicnet.ca *5 locations in Winnipeg</p> | <ul style="list-style-type: none"> • “Nobody’s Perfect” Parent Groups and parenting programs • Family literacy reading with your kids • Help for newcomers to adjust to life in Canada so that they can become active members of their new community (child-minding available) |
| <p>Parenting Websites: 🌐 en.beststart.org/for_parents 🌐 “Be The Best Parent You Can Be” link: www.cwlc.ca/en/projects/ppes 🌐 www.welcomehere.ca 🌐 www.manitobaparentzone.ca 🌐 www.manitobatriplep.ca/tips/</p> | <ul style="list-style-type: none"> • Resources for parents • Tips for positive parenting • Some multi-lingual information |
| <p>Immigration, Refugees, and Citizenship Canada 400-269 Main Street ☎ 1-888-242-2100</p> | <ul style="list-style-type: none"> • Formerly Citizenship and Immigration Canada (CIC) • Questions about immigration application or documents |
| <p>Immigration Websites: 🌐 www.cic.gc.ca 🌐 www.immigratemanitoba.com</p> | <ul style="list-style-type: none"> • Information about immigrating to Canada or Manitoba |
| <p>If you move ... 🌐 www.manitobaaddresschange.ca/</p> | <ul style="list-style-type: none"> • Save time when you need to change your address; choose which organizations you want to notify |